I.H.M. Nun Run "Sprint in the Spirit"

5K Run/Walk, Saturday, June 6, 2026 – **Live** onsite **or Virtual** where you live!

Registration

First Name: _____ **Last Name:** _____

Address: _____

Phone: _____ **Cell:** _____ **Email:** _____

Emergency Contact: _____ **Phone:** _____

Registration Type: $35 Individual $15 Child (14 years old and younger) $20 Religious Sister
PLEASE CIRCLE $100 Group/Family of 4 (includes 4 t-shirts)
$125 Group/Family of 5 (includes 5 t-shirts) *(Please, list additional names on back of form.)*

Payment: Cash Check Credit Card
*(Payable to **Sisters of IHM**)* *(See: **http://www.ihmnunrun.org**)*

Performance T-Shirt Adult Size: S M L XL XXL
Children Size: S M L
(Please list additional registrant names and sizes on the back.)

Event: Male Walk Male Run Female Walk Female Run Virtual Run/Walk
(For multiple registrants, please indicate on the back which members are in each specific group.)
If participating virtually, please tell us where you will run/walk! _____

Age Bracket: Over 18 Youth 13 – 17 years old Youth 12 and under

5K RUN/WALK INFORMATION:

Where – in person: Camilla Hall, 100 Maxis Drive, Malvern, PA 19355
(Adjacent to Immaculata University)
virtual option: Your favorite running/walking trail! Send us a picture!

When: June 6, 2026, 8:30 am - 12:00 noon (**Race begins at 8:30.**)
Mass available at 7:00 am at Camilla Hall

EARLY BIRD Special!
Register between
March 15 – April 15
$5 off Individual Fee
$10 off Family Fee

Deadlines: **May 30, 2026 – LAST DAY TO REGISTER!** Register by May 10th to be assured of a t-shirt.
No Race Day Registrations accepted.

Please send completed registration form and fee to:
IHM Nun Run
Attn.: Ms. Maureen Cislo
IHM Mission Advancement
230 IHM Drive, Malvern, PA 19355

Proceeds benefit the Camilla Hall: Camilla Hall is the convent home for the aged and infirmed Sisters, Servants of the Immaculate Heart of Mary of Immaculata, PA.

For more information: Sister Melissa Marie, IHM, ihmnunrun@gmail.com, 215-882-3819
Or visit us at: **www.ihmnunrun.org**
Addition people on registration:

Name	**Registration Type** or continuation from group/family registration	**T-Shirt Size** Indicate adult or child	**Event** Female walk or run Male walk or run Virtual walk or run	**Age Bracket** Over 18 Youth 13-17 Youth 12 & under